



2025 Championship Season

ATHLETICS WEST

Wow, what a great series of Twilight competitions we had throughout January, concluding with the 2025 Fusion Cup. Congratulations to Yanchep Dolphins Little Athletics Club for winning the Fusion Cup in 2025.

Welcome to the 2025 Championship Season! Throughout February and March, Ridgewood Athletics Centre, Athletics West, Australian Athletics, and Little Athletics Australia host a variety of Championship Events for various age groups and disciplines. This document is designed to provide everyone with the information required to be able to compete in the relevant events for their age group. Any questions or queries to be emailed to championships@ridgewoodathletics.com.au

**Please note all information regarding the Australian Little Athletics Championships in Adelaide (April 25-27, 2025) is still subject to confirmation of Western Australia athletes being invited to compete at this event.*

		Centre	State Championships			National Champs	
Year of Birth	Little Aths Age Group	Ridgewood Centre Champs	Zone Champs	WA State Track and Field	WA Junior State Track and Field	Australian National Champs (Perth)	*Aus. Little Athletics Champs (Adelaide)
		1 Mar (P1) 15 Mar (P2)	15-16 Feb	7-9 Mar	22-23 Mar	03-08 Apr (Jnr) 10-13 Apr (U20/Open)	25-27 Apr
2019	LA U6	✓					
2018	LA U7	✓	✓ Champs				
2017	LA U8	✓	✓ Champs				
2016	LA U9	✓	✓ Qualifier		✓ U9		
2015	LA U10	✓	✓ Qualifier		✓ U10		
2014	LA U11	✓	✓ Qualifier		✓ U11		
2013	LA U12	✓	✓ Qualifier	✓ U13 ^	✓ U12	✓ U13 ^	
2012	LA U13	✓	✓ Qualifier	✓ U14 #	✓ U13 #	✓ U14	✓ LA U13
2011	LA U14	✓	✓ Exhibition	✓ U15		✓ U15	✓ LA U14
2010	LA U15	✓	✓ Exhibition	✓ U16		✓ U16	✓ LA U15
2009	LA U16	✓		✓ U17		✓ U17	
2008	LA U17	✓		✓ U18		✓ U18	
2007		Community		✓ U20		✓ U20	
2006		Community		✓ U20		✓ U20	
2005 >		Community		✓ Open		✓ Open	

For the WA State Track & Field Championships and Australian Track & Field Championships, athletes 'age up.' Athletes are still competing against the same athletes; the age group tag is just different.

Key Dates

February 9 th	11:59pm	Zone Championship Nominations Close	Entry via Results HQ
February 15 th -16 th		Zone Championships U7-U15	Kingsway Sporting Complex
February 23 rd	11:59pm	Junior State Championship Qualification Period Concludes	Check Results HQ for data
February 24 th	5:00pm	Centre Championships Eligibility Exemptions Submissions Close	info@ridgewoodathletics.com.au
February 27 th	11:59pm	WA State Championships (AA U13-Open) Nominations Close	Entry via Athletics West Website
March 1 st		Ridgewood Athletics Centre Championships Program 1	Halesworth Park
March 7 th to 9 th		WA State Championships (AA U13 – Open)	WA Athletics Stadium
March 10 th	11:59 pm	WA Junior State Championships (LA U9-U13) Nominations Close	Entry via Athletics West Website / Results HQ
March 15 th		Ridgewood Athletics Centre Championships Program 2	Halesworth Park
March 22 nd to 23 rd		WA Junior State Championships (LA U9-U13)	WA Athletics Stadium
April 3 rd to 8 th		Australian Junior Athletics Championships (U13-U18)	WA Athletics Stadium
April 10 th to 13 th		Australian National Athletics Championships (U20-Open)	WA Athletics Stadium
April 25 th to 27 th		Australian Little Athletics Championships (Eligibility TBC)	SA Athletics Stadium, Adelaide





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North Zone Championships

Dates: **Saturday 15th and Sunday 16th February 2025**

Times: **7am to 5pm (Both Days)**

Venue: **Kingsway Sporting Complex, Sporting Drive, Madeley**

Eligible Age Groups: **Under 7 to Under 15 Little Athletics Registered Members**

Cost: **~ \$5 per athlete**

Registration: **via Results HQ Portal – Link has been provided via email (Check Results HQ Portal)**

Entries Close: Sunday 9th February, 11:59pm

The North Zone Championships sees 6 of the biggest metro centres converge on one arena for a massive weekend of competition. Ridgewood will compete against Joondalup Athletics Centre, Hamersley Little Athletics Centre, Kingsway Little Athletics Centre, Swan Valley Little Athletic Centre & UWA Little Athletic Centre.

Competing Athletes will receive a Team Information Manual in the week leading up to the championships.

Event Entry Limits:

- ❖ Under 7 to Under 9 4 events over the two days - no daily event limitations apply
- ❖ Under 10 to Under 12 5 events over the two days - no daily event limitations apply
- ❖ Under 13 to Under 15 6 events over the two days - no daily event limitations apply

All Under 7 to Under 15 athletes are encouraged to register to participate at this event.

- ❖ Medals will be presented to the Top Three (3) athletes in each event in the Under 7 and Under 8 Age Groups.
- ❖ Athletes in the Under 9 to Under 13 Age Groups will be competing for Automatic Qualification to the WA Junior State Track and Field Championships (Mar 22-23).
- ❖ Athletes in the Under 14 and Under 15 Age Groups can use this competition as a final preparation for the State Track and Field Championships (Mar 7-9).

State Progression:

Under 9 to 13 Little Athletics Age Group athletes progress to the **WA Junior State Track and Field Championships (Mar 22-23)** by achieving:

- ❖ Top 3 at the Zone Championships in Long Hurdles, 800m, 1500m, Walks, Discus, Javelin, High Jump
- ❖ Top 4 at the Zone Championships in Long Jump, Triple Jump, Shot Put
- ❖ Top 5 at the Zone Championships in 70m, 100m, 200m, 400m, Sprint Hurdles

AND/OR

- ❖ Achieve the relevant Entry Standard for an event at a Little Athletics Centre Competitions or Zone Championships. Results from individual events at the Combined Event Championships (Under 11 to Under 13) and Field Events at the State Relay Championships (Under 9 to Under 13) will also be considered for achieving the Entry Standard. For more information regarding the Entry Standards please check this link: [2025 Junior States Entry Standards](#)

Further information including the Event Specific Rules and Regulations will be made available soon via the Ridgewood Athletics Centre and Athletics West Websites.

Zones Championship Timetable Update:

Please note, *All Walk events will be rescheduled to marshal at 7am on Saturday 15th February.*

The timetable is currently in draft and whilst individual events will not change days, all event times are likely to be earlier than currently published based on entry numbers. A final timetable/schedule will be available following the closure of entries.





2025 Championship Season



Ridgewood Athletics Centre Championships

Dates: **Saturday 1st March (Program 1) & Saturday 15th March (Program 2) 2025**

Times: **7am to 1pm (Both Days) [Start Time TBC]**

Venue: **Halesworth Park, Butler**

Eligible Age Groups: **Under 6 to Under 17 Little Athletics Registered Members and Registered Community Members**

Cost: **No Additional Cost**

Registration: **No Pre-Registration Required**

Eligibility Requirements: All Ridgewood Athletics Centre are eligible to compete in all offered events at the championships. To be eligible for a medal, athletes must have competed in the event at least THREE (3) times prior to the championships during the current home summer season, including once in 2025. This does not include events held at other venues including State Events.

Exemptions: Athletes may apply for an exemption from the above eligibility based on the following criteria:

1. The Club President and Coach can confirm that an athlete had sustained a major injury or illness during the season, which is the main reason for missing these events, and
2. The athlete has competed in the event twice (2) during the current season.

Please provide the Centre with written details of any exemptions sought **by 5pm AWST on Monday 24th February 2025** via email to info@ridgewoodathletics.com.au

Please refer to the 2025 Centre Championships Policy available on the Centre Website for more information.

Centre Shields

All athletes will be contributing to points for the 2025 Centre Championship Shield and the 2024/2025 Centre PB Shield. These shields will be presented at the Centre End of Season Presentation Event in March.

State Track and Field Championships

Dates: **Friday 7th March to Sunday 9th March**

Times: **5pm to 9pm (Fri) All Day (Sat/Sun)** (TBC once timetable released)

Venue: **WA Athletics Stadium, Floreat**

Eligible Age Groups: **Born 2013 and prior.**

Cost: **~ \$10 per event plus ~\$15 one-off championship fee (TBC by Athletics West)**

Registration: [2025 WA State Track & Field Championships powered by Fuel to Go & Play - Athletics West](#)

Entries Close: **27th February 2025, 11:59pm**

More Information: [MEMBERS GUIDE TO THE WA STATE TRACK & FIELD CHAMPIONSHIPS](#)

This event will be Live Streamed via Streamer

Competing Athletes will receive a Team Information Manual in the week leading up to the championships.

This is the pinnacle event for Senior Athletes in WA. Medals will be presented for the Top Three (3) athletes in each event. Athletes may compete in any eligible event and there are no qualification requirements. For more information regarding eligible events please check the Athletics West State Championships Event Page.

Athletes born in 2012 can compete in either, or both, State Championships in March as per the details on the Athletics West State Championships page. This is to provide a transitional year between the two events.

^ Athletes born in 2013 are eligible to qualify for the Australian Track & Field Championships under Australian Athletics' rules and can compete at the WA State Track & Field Championships in the Under 13 Age Group if they choose to. However, it is recommended athletes compete in their relevant age group and any 2013-born athlete considering competing in the U13 age group should review the event specifications on the Athletics West State Championships page [as hurdle heights and throws implements will be higher/heavier.](#)

More Information is available on the Athletics West and Australian Athletics websites.

NOTE: This event is conducted under World Athletics Rules. Please be aware of differing rules regarding Hurdle Height/Distances, Walks Distances, Throw Implement Weights, False Start and usage of starting blocks that will apply to this championship. Information will be available in the Event Specific Rules and Regulations.





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NOTE: Hurdle Heights/Distance and Walk Distances that differ between the Little Athletics Program and the National Program will also be offered at this championship and will be available for Little Athletics Program Members only and will utilise the relevant Little Athletics Program Rules and Regulations as appropriate.

National Progression from WA State Track and Field Championships (Mar 7-9):

The State Track and Field Championships is the qualification event for the **Australian Track & Field Championships**, which take place in Perth from 03 to 08 April 2025 for Junior Athletes and 10 to 13 April 2025 for U20 and Open Age athletes. The top 3 athletes in each age group per event will qualify for the WA State Team. Additionally, athletes who do not finish top 3, can qualify by entry standard for the Australian Championships. [Entry standards have been released by Australian Athletics](#) and further information will be provided in the Selection Criteria.

Junior State Track and Field Championships

Dates: **Saturday 22nd March to Sunday 23rd March**

Times: **8am to 6pm (Sat/Sun)** (TBC once timetable released)

Venue: **WA Athletics Stadium, Floreat**

Eligible Age Groups: **Qualified Little Athletics Under 9 to Under 13 Athletes**

Cost: **~ \$10 per event plus ~\$15 one-off championship fee (TBC by Athletics West)**

Registration: **Portal following completion of qualification period**

Qualification Period Closes: **Sunday 23rd February 2025**

Entries Close: **10th March 2025, 11:59pm**

This event will be Live Streamed via Streamer

Competing Athletes will receive a Team Information Manual in the week leading up to the championships.

This is the pinnacle event for Junior Athletes in WA. Medals will be presented for the Top Three (3) athletes in each event. To compete at this event athletes must have earned qualification via competing at the Zones Championships and/or achieving the Entry Standard as outlined in the [2025 Junior States Entry Standards](#).

This event is **not** a qualification event for the **Australian Track & Field Championships**, which will take place in Perth from 03-08 April 2025 (Juniors) or 10-13 April 2025 (U20/Open) as the WA State Junior Championships are conducted under Little Athletics Rules.

National Progression from WA Junior State Track and Field Championships (Mar 22-23):

Ridgewood Athletics Centre is still awaiting any updates regarding Western Australian Athlete eligibility to compete at the Australian Little Athletics Championships in Adelaide between April 25-27, 2025. As soon as information is provided, it will be circulated to the appropriate age groups and athletes.

Australian Track and Field Championships

Dates: **April 03rd to 08th 2025 (Juniors) April 10th to 13th 2025 (U20/Open)**

Venue: **WA Athletics Stadium, Floreat**

Eligible Age Groups: **Qualification from the WA State Track and Field Championships (Mar 7-9)**

Cost: **TBC by Athletics West**

Registration: **Portal following completion of qualification period**

Entries Close: **TBC**

This event will be Live Streamed via 7Plus

Entries and Information for this event is managed by Athletics West and Australian Athletics.

The Australian Track and Field Championships is the pinnacle event in AUSTRALIA for Senior Athletes and will see the best athletes from around the country converge on Perth for 9 days of amazing competition. To be eligible for this championship, athletes will need to qualify by achieving a Top Three (3) placing at the WA State Track and Field Championships (Mar 7-9) or achieving the relevant Entry Standard as set out by Australian Athletics.

Further information: [State Track and Field Team | Athletics West](#)

