



Code of Conduct - Coaches



ATHLETICS WEST

This document is directed copied from the Ridgewood Athletics Centre Member Protection Policy V2.0 (May 2023) Attachment 2. It has been separated for ease of access.

Coaches Code of Conduct

In addition to Athletics West General Code of Conduct, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Ridgewood Athletics Centre and its affiliated Clubs in your role as a coach:

1. Operate within the rules and spirit of little athletics, promoting 'fair play'.
2. Develop a positive little athletics environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
3. Support opportunities for participation in all aspects of little athletics.
4. Treat each person as an individual. Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
5. Display control, courtesy and respect to all involved with little athletics.
6. Respect the decisions of officials, other coaches and administrators in the conduct of little athletics programs and competitions.
7. Wherever practical, avoid unaccompanied and unobserved one-on-one activity when in a supervisory capacity or where a power imbalance exists with little athletes.
8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating little athletes. Activities, rules, equipment, length of activities and training schedules should take into consideration the age, ability and maturity level of the little athletes.
9. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
10. Ensure your decisions and actions contribute to a safe environment. Place the safety and welfare of the little athletes above all else.
11. Ensure your decisions and actions contribute to an environment free of sexual harassment, bullying, discrimination or victimisation.
12. Any physical contact with little athletes should be appropriate to the situation and necessary for the little athletes' skill development.
13. Be honest and do not allow your qualifications / accreditation to be misrepresented.
14. Be reasonable in your demands on little athletes' time, energy and enthusiasm.
15. Teach little athletes that the rules of the sport are mutual agreements which no one should evade or break.
16. Group athletes according to age and physical maturity whenever possible.
17. Avoid over-coaching the better performing athletes, all athletes deserve and need equal time.
18. Remember children participate for fun and enjoyment and winning is only part of their motivation.
19. Never ridicule, yell at or scold little athletes for making mistakes or losing an event.
20. Ensure equipment and facilities meet safety standards and are appropriate to the age and ability of the little athletes.
21. Develop little athletes to have a respect for the ability of other little athletes as well as for the judgement of officials and coaches.
22. Follow the advice of a physician when determining when an injured little athlete is ready to recommence training or competition.





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23. Demonstrate appropriate social behaviour by not harassing athletes, other coaches or officials, smoking or being intoxicated at Little Athletics.
24. Make a personal commitment to keep yourself informed of sound coaching principles and the principles of growth and development of children.
25. Remember that athletes need a coach they can respect. Be generous with your praise when it is deserved for effort and skill. Set a good example, not only with your behaviour, but also with dress and equipment.
26. Never use bad language.

